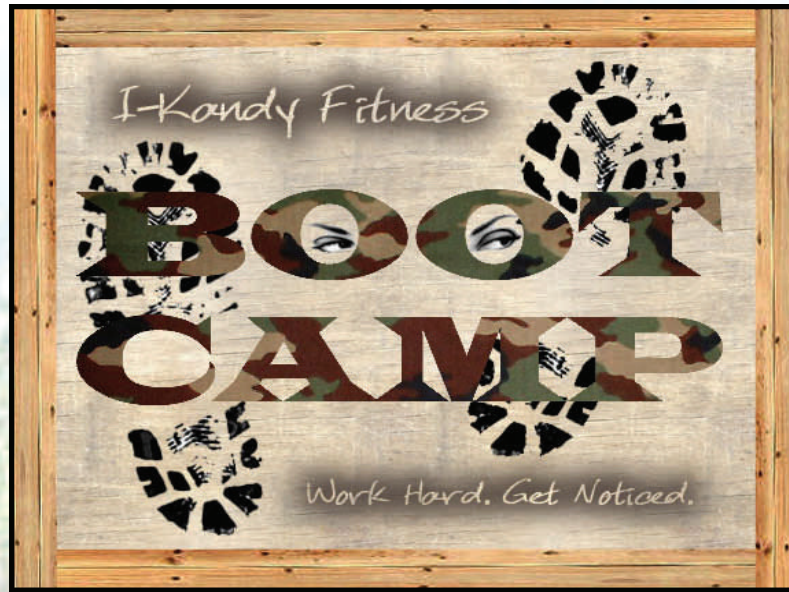


It's NEVER too late to join us!!



“Early Birds”

Six-week session
Mondays, Wednesdays & Fridays
5:30-6:30 am

Pasadena Rose Bowl—Lot B
(next to the soccer field)

“Evenings & Weekends”
March through September

Six-week session
Tuesdays, Thursdays & Saturdays
T/Th 6:30-7:30 pm
S 6:45-7:45 am

Loma Alta Park, Altadena
3330 N. Lincoln Ave
(lower section behind
equestrian track)

Boot Camp Fees*

Boot Camp Package I
Includes 18 boot camp sessions &
physical fitness test/measurements **\$198**

Boot Camp Package II
Includes 12 boot camp sessions &
physical fitness test **\$168**

Returning Boot Camp Members
18 boot camp sessions **\$162**
12 boot camp sessions **\$132**

Walk-ons (payable on-site) **\$15 per session**

Special Packages

Deluxe Package
Includes 18 boot camp sessions &
the following: **\$ 298**

- ▶ Physical Fitness Testing
- ▶ Measurement & Weight Tracking
- ▶ Body Fat Testing
- ▶ Before & After Pictures
- ▶ Customized Nutritional Guidelines
- ▶ Weekly Food Journal Review

