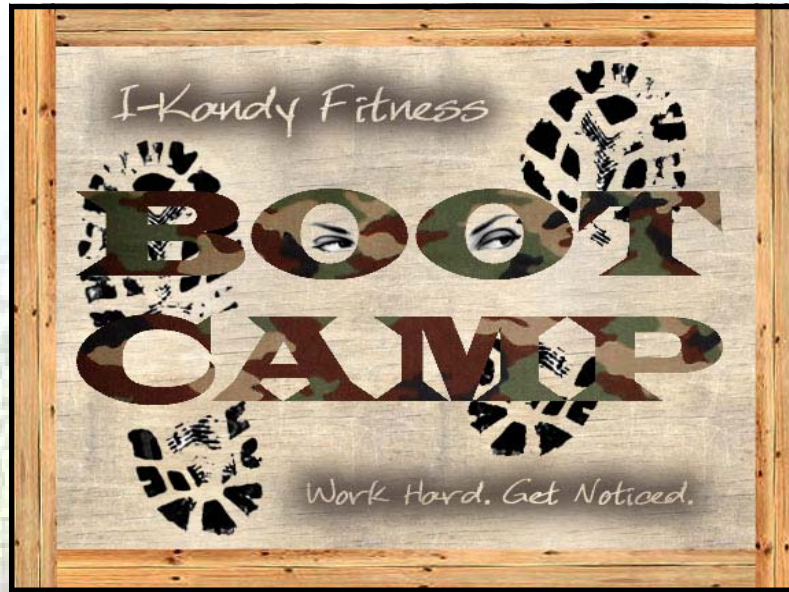


It's NEVER too late to join us!!



***“Early Birds”***

*starting*

**Monday, July 27, 2009**

Six-week session

Mondays, Wednesdays & Fridays

5:30-6:30 am

**Pasadena Rose Bowl—Lot B**  
*(next to the soccer field)*

***“Evenings & Weekends”***

*starting*

**Tuesday, July 28, 2009**

Five-week session \*

Tuesdays, Thursdays & Saturdays

T/Th 6:30-7:30 pm

S 6:45-7:45 am

**Loma Alta Park, Altadena**

*3330 N. Lincoln Ave*  
*(lower section behind*  
*equestrian track)*

**Boot Camp Fees\***

**Boot Camp Package I**

Includes 18 boot camp sessions &  
physical fitness test/measurements **\$198**

**Boot Camp Package II**

Includes 12 boot camp sessions &  
physical fitness test **\$168**

**Returning Boot Camp Members**

18 boot camp sessions **\$162**

12 boot camp sessions **\$132**

Walk-ons (payable on-site) **\$15 per session**

**Special Packages**

**Deluxe Package**

Includes 18 boot camp sessions &  
the following: **\$ 298**

- ▶ Physical Fitness Testing
- ▶ Measurement & Weight Tracking
- ▶ Body Fat Testing
- ▶ Before & After Pictures
- ▶ Customized Nutritional Guidelines
- ▶ Weekly Food Journal Review

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